# NNZ-2591, a Synthetic IGF-1 Metabolite Analog: Phase 2 Clinical Trial Results for Children and Adolescents With Pitt Hopkins Syndrome

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## Unmet Medical Need Associated With Pitt Hopkins Syndrome

Pitt Hopkins syndrome (PTHS) is caused by mutations in *TCF4* 

TCF4 plays a role in the formation, maintenance, and function of dendrites and synapses

PTHS has broad and severe impacts

Intellectual impairment
Repetitive behavior
Self-injury
Sensory processing differences

Language deficits
Breathing abnormalities
Feeding difficulties

GI dysfunction (reflux and constipation)



Sleep difficulties
Seizures
Vision impairment (severe myopia)

Motor impairments including hypotonia (low muscle tone), gross and fine motor delays

Walking difficulties

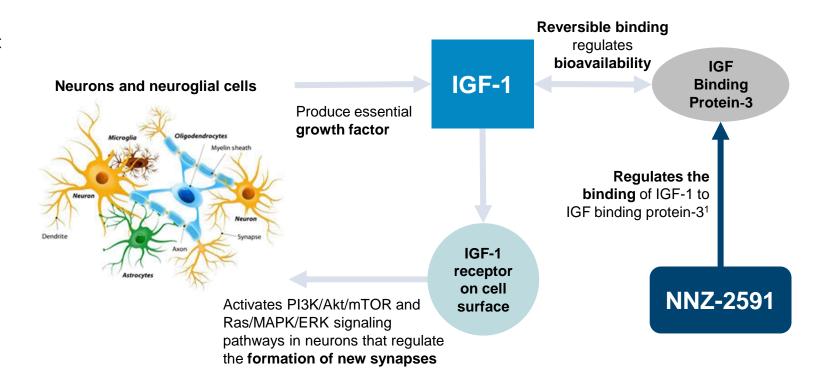
There are no approved treatments for PTHS

- There is no cure for PTHS
- Medications help manage symptoms, but do not address the underlying disorder or prevent onset

TCF4, transcription factor 4; GI, gastrointestinal.

## NNZ-2591 and Regulating IGF-1 in the Brain

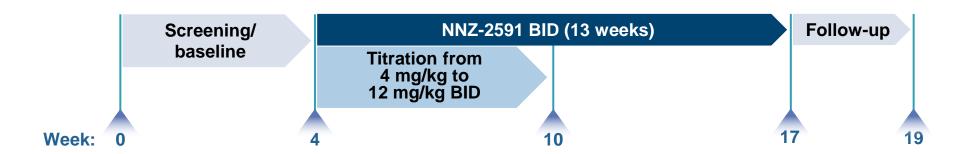
- NNZ-2591 is a synthetic analog of cyclic glycine-proline, a peptide that occurs naturally in the brain
- NNZ-2591 is formulated to be stable, be orally bioavailable, and readily cross the blood-brain barrier
- NNZ-2591 can regulate the amount of IGF-1 that is available to activate IGF-1 receptors
- The effects of NNZ-2591 are "state-dependent" – correcting impairment, but not impacting normal cells



In a haploinsufficient mouse model of PTHS (*Tcf4* +/-), NNZ-2591 showed consistent efficacy across PTHS-relevant domains (hypoactivity, daily living skills, learning and memory, sociability, repetitive behavior, and motor performance)

## Study Design and Endpoints

Objective: To evaluate the safety and effect of treatment of oral liquid NNZ-2591 in children and adolescents with PTHS in a phase 2, 13-week, open-label clinical trial



- Key eligibility criteria: Individuals aged 3–17 years with PTHS
- Conducted at 5 US sites<sup>a</sup>
- Endpoints:
  - Primary: safety, tolerability, pharmacokinetics
  - Secondary: 14 efficacy measures, including 4 specifically designed for PTHS
- Key Objective: Select the primary efficacy endpoint(s) for a registration study

#### **4 PTHS-Specific Efficacy Measures**

#### **Global: Overall and Domain**

Clinical Global Impression of Improvement (CGI-I)

Caregiver Impression of Change (CIC)

Clinical Global Impression of Severity (CGI-S)

#### **Symptom Specific**

Caregiver Top 3 Concerns

## The Importance of PTHS-Specific Efficacy Measures

PTHS has broad and severe impacts on nearly every aspect of life, and presents heterogeneously among individuals

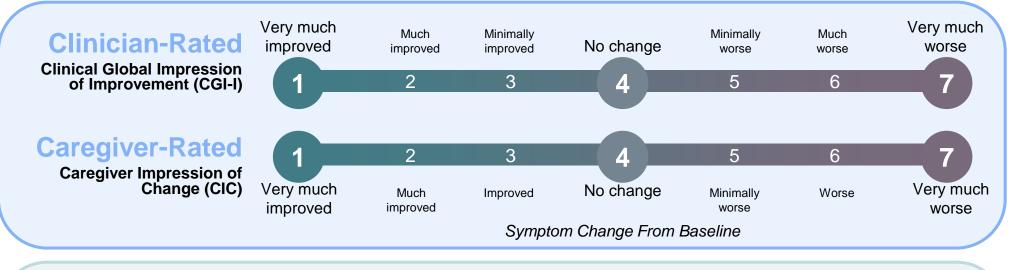
To evaluate whether a treatment is effective for PTHS, measures should globally assess core PTHS symptoms

Like for many rare diseases, there are currently no well-accepted clinical outcome measures specific to PTHS

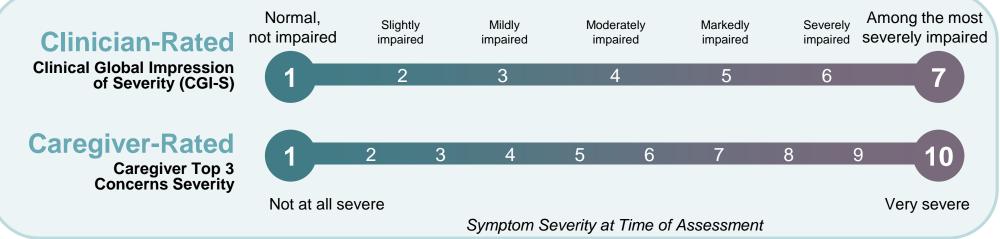
We applied recently developed PTHS-specific efficacy measures to evaluate NNZ-2591 for the treatment of PTHS

## PTHS-Specific Efficacy Measures

Measures of Improvement

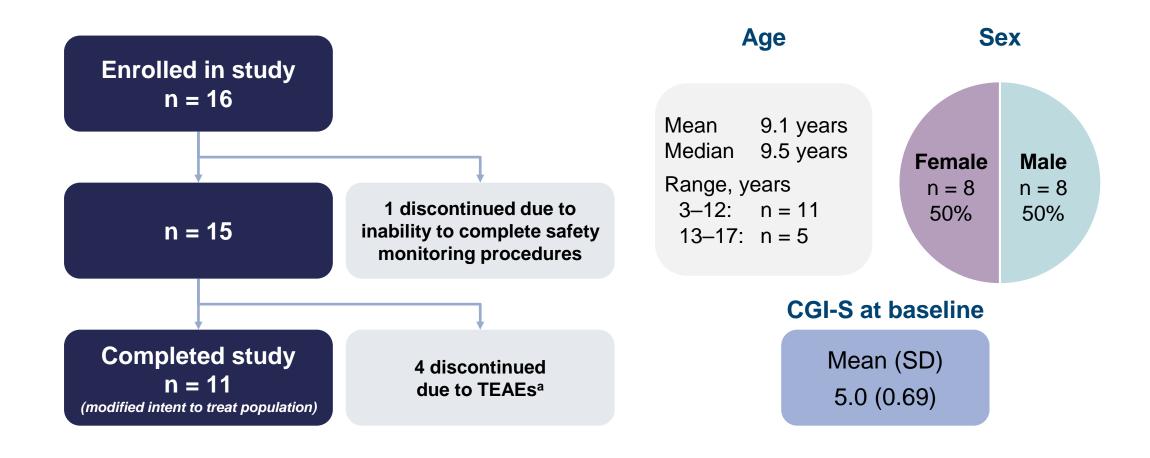


Measures of Severity



Clinician raters completed training to calibrate scoring and anchor interpretation (at study initiation and again during the study)

### Participant Disposition, Demographics, and Baseline Characteristics



CGI-S, Clinical Global Impression – Severity; TEAE, treatment-emergent adverse event.

<sup>&</sup>lt;sup>a</sup>All were mild or moderate in severity and resolved: 2 due to TEAEs unrelated to NNZ-2591 (COVID-19; mild vomiting, diarrhea, and lethargy); 1 due to moderate constipation, self-injury, abdominal distension, and fatigue; 1 due to mild sleep disorder and constipation.

## Safety and Tolerability

#### NNZ-2591 was safe and well tolerated over 13 weeks of treatment

- All TEAEs were mild to moderate, most were not drug related
  - 0 serious TEAEs
  - 4 discontinuations due to TEAEs; all were mild or moderate and resolved
    - 2 due to TEAEs unrelated to drug (COVID-19; mild vomiting, diarrhea, and lethargy)
    - 1 due to moderate constipation, self-injury, abdominal distention, and fatigue; all were related to study drug
    - 1 due to mild sleep disorder and constipation; all were related to study drug
- No meaningful trends in laboratory values, EKG findings, or other safety parameters were observed during treatment

TEAEs in 2 or more participants	N = 16	
	n (%)	Severity
Constipation	3 (19)	2 mild, 1 moderate
Diarrhea	4 (25)	all mild
Vomiting	2 (13)	all mild
Fatigue	4 (25)	3 mild, 1 moderate
Somnolence	2 (13)	all mild
Irritability	2 (13)	all mild
Contusion	2 (13)	all mild
Gastroenteritis-viral	2 (13)	1 mild, 1 moderate
Nasopharyngitis	3 (19)	all mild
Cough	2 (13)	all mild
Rhinorrhea	2 (13)	all mild
Decreased appetite	2 (13)	all mild

## **Efficacy Endpoint Summary**

CGI-I

Mean: **2.6** 

Median: 3.0

CIC

Mean: **3.0** 

Median 3.0

CGI-I and CIC reflect improvement from baseline

1 – Very much improved

5 - Minimally worse

2 – Much improved

6 - Much worse

3 – Minimally improved

7 – Very much worse

4 – No change

# Statistically significant improvements ( $P < .05^a$ ) in 4/4 PTHS-specific endpoints at end of treatment vs baseline

	<i>P</i> value <sup>a</sup>	
PTHS-specific efficacy measure (total or overall score)	Participants who completed study <sup>b</sup> n = 11	All participants, including those who discontinued n = 15
CGI-I	.0039	.0205
CIC	.0234	.0137
CGI-S	.0313	.0078
Top 3 Caregiver Concerns	.0077	.0024

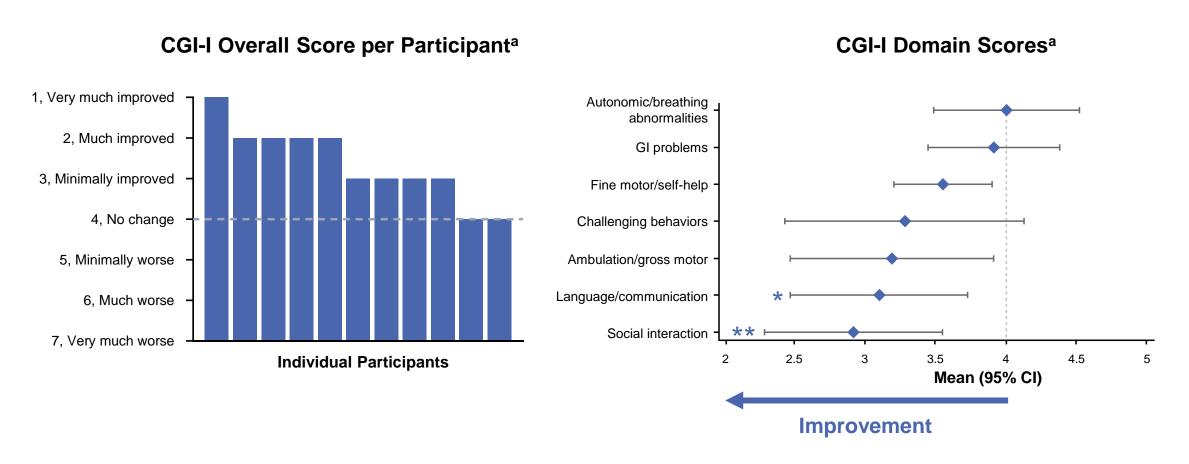
Change from baseline for the measures that were not designed specifically for PTHS were not statistically significant

<sup>&</sup>lt;sup>a</sup>Wilcoxon signed-rank test.

bModified intent to treat population.

# Clinician-Rated PTHS CGI-I Results by Participant and Domain

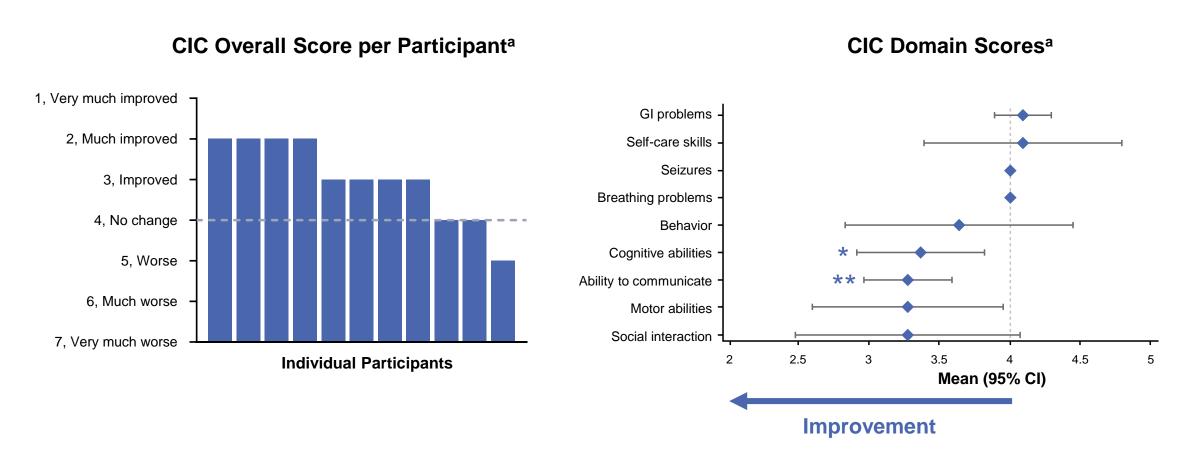
#### Mean CGI-I score of 2.6, with improvements in 9 of 11 children after 13 weeks of treatment



<sup>&</sup>lt;sup>a</sup>Assessed in the modified intent to treat population (consisting of participants who completed the study) at week 13, the end of treatment. \*P<.05; \*\*P<.01 for observed change relative to baseline vs null median of 4 (no change) based on Wilcoxon signed-rank test. CGI-I, Clinical Global Impression – Improvement; GI, gastrointestinal; PTHS, Pitt Hopkins syndrome.

## Caregiver-Rated PTHS CIC Results by Participant and Domain

#### Mean CIC score of 3.0, with improvements in 8 of 11 children after 13 weeks of treatment

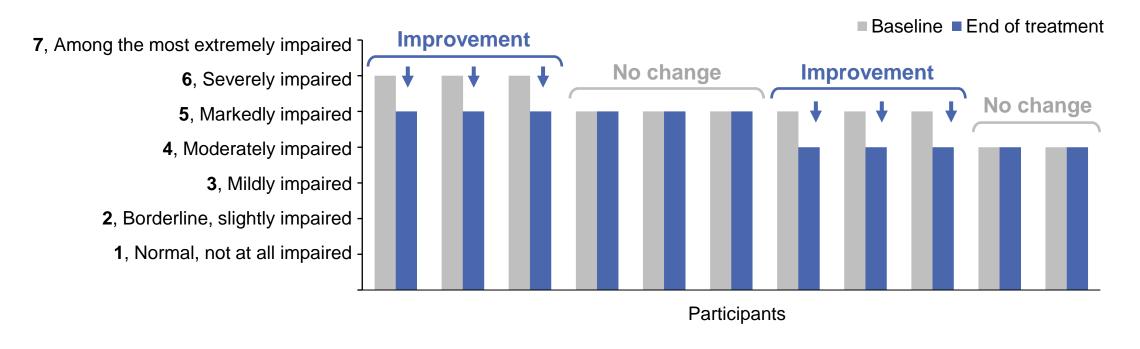


<sup>&</sup>lt;sup>a</sup>Assessed in the modified intent to treat population (consisting of participants who completed the study) at week 13, the end of treatment. \*P<.05; \*\*P<.01 for observed change relative to baseline vs null median of 4 (no change) based on Wilcoxon signed-rank test. CIC, Caregiver Impression of Change; GI, gastrointestinal; PTHS, Pitt Hopkins syndrome.

#### Clinician-Rated PTHS CGI-S Results

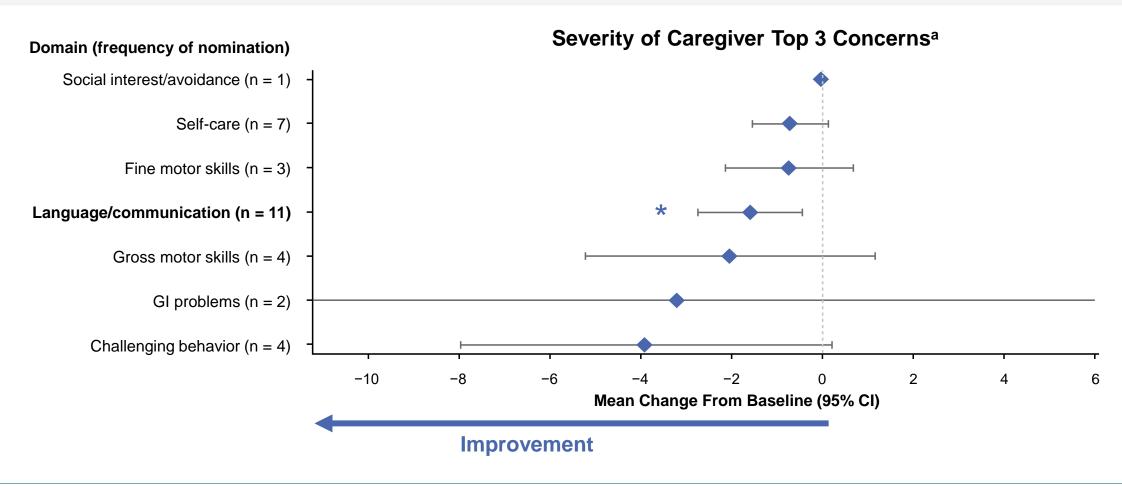
#### 6 of 11 children improved by 1 point on the overall CGI-S score after 13 weeks of treatment

#### **CGI-S** Overall Score per Participant<sup>a</sup>



## Caregiver Top 3 Concerns Results by Domain

# Improvement was observed in the most common caregiver concern of language/communication after 13 weeks of treatment



<sup>&</sup>lt;sup>a</sup>Assessed in the modified intent to treat population (consisting of participants who completed the study) at week 13, the end of treatment.

<sup>\*</sup>P<.05 for observed change from baseline vs null median based on Wilcoxon signed-rank test.

The most commonly selected symptom domain (language/communication) is bolded. GI, gastrointestinal; PTHS, Pitt Hopkins syndrome.

# Clinician and Caregiver Comments at the Time of Rating



#### **Clinicians**

"Increased **babbling** and jargoning....More **inflections** with **eye contact** and **consonant sounds** rather than just noises."

"Decreased frequency and intensity of smacking and hairpulling."

"Supported stepping increased over last few months...Now taking **steps without trainer** with parent support."

"Improved expressive communication: 2 additional words, uses AAC device to ask for food. Increase vocalization."

"Less breath holding. More opinionated.

More social interest."

"Able to **match items/pictures**...moved from 4 pictures to 6 pictures."

"Improved motor skills. Better motor coordination getting in car."



#### **Caregivers**

"Is now able to **explore environment**... can move towards people to **initiate contact** and... can seek out whatever ... wants to **play** with."

"Can seem to **hold** on to things for **longer periods** without letting go."

"Stability when walking improved."

"Listen to conversation + follow some discussions, able to understand when we're talking about..."

"Far less hyper and easily able to concentrate better... is able to concentrate and master tasks that ... has been working on for years (getting in and out of car independently, catching a ball)."

"More intentional movements... been more gentle with almost all interactions."

"Almost constant babbling and even has said "hi" and "more."" "More calm and attentive, especially looking at faces and eyes."

#### Conclusions

NNZ-2591 was safe and well tolerated in participants with PTHS, with no meaningful trends in laboratory values or other safety parameters

Statistically significant improvements from baseline were demonstrated in all 4 PTHS-specific efficacy measures, including 2 clinician-assessed measures and 2 caregiver-assessed measures

Changes from baseline for the measures that were not designed specifically for PTHS were not statistically significant

Improvements were seen in clinically important aspects of PTHS, including communication, social interaction, cognition, and motor abilities

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